Young House
BEHAVIORAL HEALTH
Southeast Iowa's choice for comprehensive behavioral health services

ANNUAL REPORT

FISCAL YEAR 2025-2026

OUR MISSION
Dedicated to serving our community by providing Help, Hope, & Healing through comprehensive & quality services.

HELP. HOPE. HEALING.

Expanding access, strengthening partnerships, and creating environments where people can thrive.



Young House Behavioral Health - Burlington, Iowa

Serving children, adults, and families across Southeast Iowa since 1971

A MESSAGE FROM THE EXECUTIVE DIRECTOR



Eric Schilling
Executive Director
Young House Behavioral Health

Over the past year, Young House made meaningful progress in its transition to a community-based behavioral health provider. We expanded services, improved our care environment, and established a clearer direction for the years ahead.

Young House has adapted throughout its history. Although the services we provide today may look different from those offered in the past, our purpose has not changed. We remain committed to providing Help, Hope, and Healing to children, adults, and families throughout Southeast Iowa.

This year, we increased access to therapy, medication management, substance use treatment, Behavioral Health Intervention Services, autism evaluations, and skills-based groups. Our partnerships with area schools also continued to grow, allowing more children to receive care in familiar settings and reducing barriers for families.

This progress belongs to our team of talented professionals who believe in this work and in the communities we serve. They have embraced new service models, supported one another, and taken ownership of solving problems. Their commitment to clients is the foundation of everything we accomplish.

The Board of Directors recognized that our physical surroundings also needed to reflect the care we provide today. Portions of our facility still carried the institutional feel of the 1990s, when the building supported residential care. With the Board's support, we completed much-needed renovations that softened those spaces and created a more therapeutic and inviting environment for clients, families, and providers.

Looking ahead, we will continue developing Young House as a strong local resource. Our priorities include responding to demonstrated community needs, deepening partnerships with schools, healthcare providers, and social service organizations, and improving how we measure access, engagement, and outcomes. We will also use technology thoughtfully to reduce administrative burdens and improve coordination without losing the personal relationships at the center of behavioral health care.

We will remain open to new opportunities, but growth for its own sake is not the goal. Each decision must advance the mission, support long-term sustainability, and provide a meaningful benefit to the people we serve. Young House has endured for more than five decades because it has been willing to evolve while remaining grounded in its purpose. Today, we have a stronger foundation, a capable team, and confidence in the path ahead.

Thank you to our providers and staff, Board of Directors, community partners, donors, and the individuals and families who continue to place their trust in Young House. We do not take that trust for granted.



Eric Schilling
Executive Director

LEADERSHIP & COMMUNITY

WHO WE ARE

Founded in 1971, Young House added the DBA Young House Behavioral Health in 2025 to reflect its current services. The organization serves Southeast Iowa and is accredited by the Council on Accreditation of Services for Families and Children (COA).

CURRENT SERVICES

Mental Health Therapy for Adults and Youth
Groups for youth, adults, and parents
Psychiatric Mental Health Nurse Practitioner - Autism Assessments & Medication Management
Substance Use Disorder
Behavioral Health Intervention Services



CREATING SPACES FOR CONNECTION

The basketball court renovation was made possible by grants from Variety - the Children's Charity and St. Vincent Home Corporation. The project is part of a broader effort to create therapeutic, inviting spaces where children and families can connect, build trust, be active, and grow together.

The renovated court complements improvements throughout the facility that soften spaces originally designed for residential care and better reflect the community-based services Young House provides today.

BOARD OF DIRECTORS		
	Brent Hartley, Board President Stephanie Vititoe Marlis Robberts	Jamie Keatts David Selmon Matthew Rinker Gary Szymula

STORIES OF IMPACT

Progress begins with a safe relationship, coordinated care, and the belief that change is possible.

Finding Strength and Hope Through Behavioral Health Support

After a suicide attempt and inpatient treatment, a young woman began receiving behavioral health services at Young House. Through therapy, she has worked on recognizing her self-worth, establishing healthy boundaries, and developing skills to better manage difficult emotions and relationships.

She has learned and practiced Dialectical Behavior Therapy (DBT) skills and connected with Young House's Psychiatric Mental Health Nurse Practitioner for medication management, creating a more comprehensive approach to her mental health and well-being.

As she has progressed, she has experienced meaningful personal growth and increased confidence in her ability to manage challenges. Her positive experience with Young House has been so impactful that she has encouraged several others to seek services here.

Her journey demonstrates the power of compassionate, accessible behavioral health care to help individuals move from crisis toward hope, stability, and a stronger sense of self.

A Family Finds the Care That Helps Their Children Thrive

Ezra and Aviana Kohn have made significant progress through the coordinated care provided by Young House Behavioral Health. After briefly transferring to another provider, their family chose to return, feeling their children's needs were better supported through the combination of medication management, therapy, and BHIS services.

Their mother reports improved attention, behavior, and emotional regulation at both home and school. She also values the collaborative approach of the Young House team, sharing that the family feels heard, respected, and actively involved in treatment planning.

As their mother put it, “The few weeks they were gone from YHBH was a few weeks too long.” Today, both children are doing well and continue to benefit from coordinated behavioral health services.

Their story demonstrates the powerful impact that integrated, family-centered care can have on helping children - and their families - thrive.

Supporting a Grandmother and Young Child

A young child was placed with her grandmother through DHHS. As they adjusted to their new circumstances, the grandmother sought support in understanding the child's behaviors and developmental needs. Through services, she has learned strategies to better support the child and has made positive changes in her parenting approach. As their understanding and communication have grown, both the child and grandmother report experiencing less stress and greater confidence in managing challenges together.

STORIES OF IMPACT CONTINUED

Building Confidence Through Connection

A teenager who has struggled with self-esteem and relationships receives support both at school and in the office. He especially enjoys being active and engaging in activities such as basketball and ping pong while talking with his provider. These activities have helped create a comfortable environment for building trust and communication. Over time, he has made meaningful progress in how he views himself and is developing greater confidence and self-esteem.

Overcoming Anxiety and Finding Independence

A young adult experiencing severe anxiety and fear was once significantly limited by his symptoms and struggled to cope with everyday challenges. With ongoing support, he has gradually developed greater confidence and effective coping skills. A significant milestone came when he recently traveled out of state on his own, something he was able to accomplish despite the fears that had previously held him back. His progress demonstrates the impact of persistence, support, and a willingness to face challenges.

Helping a Young Teen Cope With Loss

Following the recent death of his father, a young teen began experiencing significant anger and defiance, including behaviors that resulted in property damage and injuries to himself and others. With support and positive changes in his daily routine, he has made meaningful progress. After reducing his use of social media, his behaviors improved significantly, and he has had no further incidents. This progress highlights the importance of identifying triggers and finding healthy strategies to cope with grief and difficult emotions.

Growing Social Skills and Community Connections

A boy with significant high-functioning autism completed specialized services through an autism-focused agency but continued to benefit from support in developing social skills. With encouragement and ongoing services, he is becoming more comfortable engaging with others and trying new experiences. He has begun participating in group sports and is spending more time involved in activities within his community. These steps are helping him build confidence, strengthen social connections, and expand his independence.



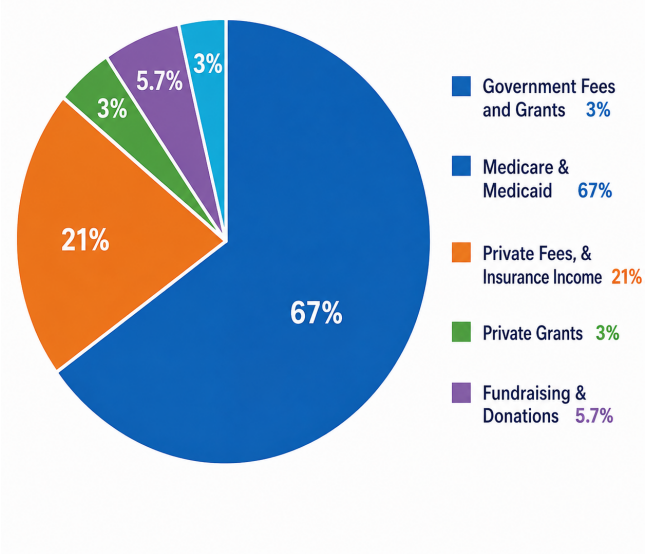
HONORING RITA VINEYARD

Rita Vineyard was the recipient of the Greater Burlington Partnership Business Person of the Year award. For more than 35 years, Rita has been a steady and compassionate presence for families throughout Southeast Iowa.

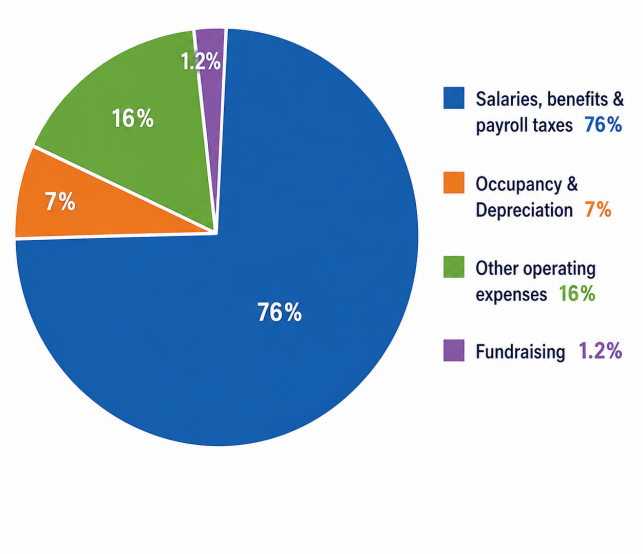
Rita has dedicated her career to supporting children, adolescents, and caregivers through some of life's most challenging moments. She has shaped healthier futures for hundreds of families and has been a cornerstone of the Young House Behavioral Health mission for more than three decades.

FINANCIAL STEWARDSHIP

Revenue for FY25-26



Operating Expenses for FY25-26





First Mid Bank & Trust presents a $25,000 capital campaign contribution to Young House Behavioral Health.

CAPITAL CAMPAIGN DONORS

Community Champion ($25,000-$49,999):
First Mid Bank & Trust

Community Builders (up to $999):
Rheinschmidt's Flooring
Century 21 Property Professionals
Nature's Corner
Farmers Savings Bank
SG Construction
John & Jeanine Kemp
IBEW Local 13
ITC Midwest

Community generosity strengthens care, connection, and opportunity throughout Southeast Iowa.

WITH GRATITUDE

PRIVATE GRANTS & GENERAL DONATIONS

We are grateful to every donor, grantmaker, partner, staff member, event participants, and community supporter whose generosity makes Help, Hope & Healing possible.

Amanda Rooney
Amie-Bien LeGrande
Arby's
Assured Partners
Ben Rothe
Bickel's
Big River Resources
Brent Edel
Brock Anderson
Brockway
Burlington Bees
Burlington Blackwater Mini Golf, LLC
Burlington Community Schools
Burlington/West Burlington Chamber of Commerce
Candice Pollpeter
Carl A. Nelson Charitable Foundation
Carol Brotherson
Carson Roark
Chad Myers
Christy Jameson
Cody Breinholt
Dafawn Orduno
Dan Tallman
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Owen Blake
Paween Pongpaitoon
Riverside Casino
Sean Stevens
SG Construction
St. Alphonsus Ladies of Charity
St. Paul United Church of Christ
St. Vincent Home Corporation
Standard of Beaverdale
Stephen Nicknish
Steven Bantz
Styletique
Swedesburg Lutheran Church
Tammy Allsup
Thanh Hoang
Todd Courtois
Two Rivers Bank & Trust
Ty Windy
Tyler Bell
Variety - the Children's Charity
Zeke Shapiro

Thank You

MEET OUR CLINICAL TEAM

Compassionate professionals providing coordinated behavioral health care across Southeast Iowa.



Steven Bantz, LISW; Grace Robbins, LMHC, IADC; Hannah Davolt, tLMHC; Margo Noble, LMSW; Amy Franklin, tLMHC, CADC; Trevor Phipps, LISW



Michelle Hartman, MSN, ARNP, FNP-C, PMHNP-BC



Rita Vineyard and Mary Campbell, Caseworkers BHIS